



Victoria Canoe & Kayak Club Newsletter

Victoria Canoe & Kayak Club
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Victoria, B.C. V9A 1M9
Phone: 361-4238 (Info only)
Website: www.vckc.ca

January 2007



Photo: Doug Linton

Christmas Kayak Paddle
(see page 3)

Message from the President

As Christmas draws near we have a lot to be thankful for during this holiday season. VCKC has had the benefit of excellent volunteers who've worked very hard to improve the clubhouse and grounds.

We will miss Alex Mann and Lynn Sanderson next year as they will be busy building their new home. They've done a great job looking after Boat Storage and will be handing over their duties in January.

Fred Trudell will also be stepping down as director for the Sea Kayak Program and we trust that his successor will do as good a job as he has this year.

Mile Petrovic will be taking on the job of President in the new year and I know he will continue to lead VCKC forward.

For those of you who are interested in being on the VCKC Board next year, you must be a member in good standing, and be prepared to work for the benefit of the club in various capacities. Not only do you attend meetings but you may be asked to prepare policies, research information or help out with committees. The success of VCKC is only as strong as its members and we have an excellent membership.

Merry Christmas to all of you. Best wishes for a safe and happy New Year.

See you on January 2, 2007 for the elections.

Cheers

Judi Murakami

President, VCKC

**Don't Forget
Victoria Canoe and Kayak Club
Annual General Meeting
Tuesday, January 2, 2007
7:30pm**

Canoe Program

The next Canoe Program Meeting will be on Monday, January 15 at 7.30 pm in the Clubhouse.

There will be a presentation by Steve Connolly and Kim Walker on their trip this summer on the Missinaibi River in Ontario. For those interested, the website for an overview of this Canadian Heritage river is http://www.chrs.ca/Rivers/Missinaibi/Missinaibi-F_e.htm.

Kayak Program

I hope everyone has had a good holiday season and will have another good kayaking year. The next meeting that everyone should attend is the club General meeting on January 2 at 7:30 pm when there will be elections.

As I have mentioned previously I am stepping down from the Kayak Program Director position but I will be running for the treasurer position. Susan Duhamel and Glynis Newman are running as a team for the Kayak Program Director position.

At our next meeting on January 17 Michael Jackson will present his trip titled "Three Sticks on the West Coast". Mike and two colleagues paddled over 250 km down the West Coast of the Island this past July - all three were using Greenland paddles. Mike will talk about some of their adventures, planning for the trip as well as some lessons learned. I'm sure it will be very interesting.

*Fred Trudell
Kayak Program Director*

VCKC Membership & You

If members have any comments and suggestions about how VCKC and members communicate with each other, please let us know. This can relate to the web site, the newsletter, emails, mail outs etc. We have a new Executive coming on stream in January. It is a new year and time to implement any improvements in how we communicate and do business.

VCKC wishes its members a happy and safe paddling year for 2007.

Tony Copping, Membership Director

Christmas Paddle Esquimalt Harbour

I showed up in plenty of time for the kayak paddle on Saturday, December 9. A few other folk were also parked at the lot by the bridge on Esquimalt Lagoon. The day was grey and overcast but there was still the odd glimpse of the Olympic Mountains across the strait. Pretty soon more cars began to arrive and before long the lot was swarming with kayakers and paddlers getting ready to hit the water for a few hours of paddling. Many paddlers were outfitted with Santa hats and a few had decorated their kayaks ... one with antlers and a red nose! Altogether over two dozen kayakers were ready to go by start time.



As I looked around I was anticipating a pleasant paddle on the lagoon under and west of the bridge. But as Glynis Newman, our trip coordinator, explained things it dawned on me that we were actually heading out into the strait for a bit, around the point with the lighthouse on it and into Esquimalt Harbour. As a novice paddler I was a bit intimidated especially when I felt the first ocean swell go under my kayak. So far my kayaking had been on the relatively flat waters of Elk Lake, the Gorge and the Inner Harbour.

Still after not very long we had made it around the point and into Esquimalt Harbour. Sure enough the navy came out to give us their once over. Having been forewarned of our visit and looking not all that threatening they let us pass. Soon we were well into the harbour where we came upon five sea otters having breakfast. They paused from their meal of very fresh fish to check us out with some sticking their heads six inches out of the water to get a better look. There were eagles flying nearby and later on as we headed towards Mill Creek another group of sea otters who swam ahead of us for awhile but then decided to head for the safety of shore.

After paddling in the rain for a bit, we were soon heading under Parson's Bridge and a short way up Mill Creek to the waterfall. We passed a large flock of Canada Geese who eyed us warily and we gave them a wide berth. In going to the falls, we'd actually passed our stopping place for lunch. When we came back down the creek Gary Allen and a couple of other club veterans had strung a line so that we could stop at Six Mile Pub for lunch. There's no real landing spot down the steep hill from the pub and each paddler was pulled in by those on shore and their kayak was tied to the line that had been rigged between a couple of trees.

I don't believe that the pub regularly receives customers arriving by boat. Earlier in the week, Terri and Neil Solomon had made a trip out to the pub. They'd taken along their pruners to cut a path from the creek bank up to the parking lot. We were all grateful for their efforts and foresight. So up the bank and into the pub we trooped. Paddlers are such a stylish lot and I'm sure the regular pub patrons were amused and amazed to see this group arriving still wearing spray skirts, PFDs and other paddling gear. It was a big group but we had an amazing waitress who assured us she knew what she was doing. And it turned out she did. With only a few slips, everyone was soon having their beverage of choice and the food followed with amazing speed.

After lunch we headed back down the slippery path to our boats. After much back and forth and arranging and rearranging, we manoeuvred our kayakers into the formation you see on the cover of this month's newsletter. Doug Linton had driven out to join us for lunch and took this photo from Parson's Bridge before we headed out into the harbour for our return trip.

As we headed out towards the harbour entrance I noticed that the swell from the open water seemed to have gotten bigger and was pushing well into the harbour. Sure enough by the time we reached the harbour exit, the swell (at least to me) seemed quite intimidating. I didn't find it too bad when paddling straight into the waves. But when we began heading around the point towards the entrance to the lagoon, I found the paddling for me became quite challenging. Soon a large wave came at me sideways and over I went. I popped free of my kayak with amazing ease and in what seemed like an instant, Gary Allen and others were there to assist. My kayak was quickly emptied and I was soon back in my boat with my spray skirt attached. However, it took me a little while to catch my breath not to mention regain my nerve. Gary paddled me the rest of the way around the point and as we headed for our landing spot I was able to set out on my own again. Eventually I got lined up to land on the ocean side of the lagoon and slid up onto the beach with the help of a bit of surf and luck. Everyone wanted to know if I was cold but I was amazed how warm I'd stayed inside my dry top and pants with fleece underneath.

Many thanks to Glynis for organizing this trip, to Gary Allen for his excellent and much appreciated rescue and to everyone in the group who offered their kind support after my moment of drama on the water.

Harold Gillis
Newsletter Editor

Trips & Courses (Canoeing)

Flatwater Paddles

Flatwater Paddles will resume in January. The first trip of the year (other than the New Year's Day paddle) will be on Sunday, January 14. No site for the trip has been picked as yet but contact Alan or Linda Thomson by Thursday January 11 if you plan to take part. Let us know if you need a boat, partner, etc. The second trip of the month will be on Saturday, January 27. This will likely be a half day trip unless someone else wants to lead it as Linda and Alan have to catch a flight at 6pm that day.

Moving Water Trips

Moving water trips have been last minute affairs because of the unpredictable--usually too high--water levels. River trips will be scheduled "tentatively" starting in January (second Saturday and fourth Sunday).

All those interested who are not currently on an email list should contact me in advance to sort out prior experience, cold water protection, canoes, transport, etc. issues.

Tom Staebell
res. 655-7113 after 5:00 pm (best bet)
cel. 588-2207 after 6:30 am
off. 652-1121 7-4, Mon-Fri

Safety Guidelines:

Trips are usually 4 – 6 hours plus paddle time, so bring food/hot drinks etc. Newcomers are welcome. It is preferred that paddlers have taken a Lakewater 1 course. Meet up at the clubhouse at 9am unless informed otherwise by the leader of the trip.

Bring along a waterproof bag with a change of clothes, rain gear, lunch, water bottle and snacks. When carpooling, riders can offer the car driver an appropriate amount to cover gas costs.

Courses

The next courses will be held in March 2007. Let Tom Staebell know if you are interested in LakeWater or Moving Water (river) paddling courses, beginner or advanced – call 655-7113 or e-mail thestaebellfamily@shaw.ca. If anyone is interested in Tripping or Ocean Paddling courses, contact Alan Thomson at 592-4170 or 3135thom@islandnet.com.

VCKC Survey

Are you interested in purchasing a T-shirt (technical fabric) or fleece vest with an embroidered club logo? How about a VCKC crest to sew onto your favourite sporty jacket or backpack? VCKC can make a volume purchase of these items if a large number of our members would like to buy them.

The club crests would sell for \$7 - \$8; other prices are not available at this time but the plan would be to purchase items of good quality rather than a lower quality, less expensive product keeping affordability in mind. If there is a high level of interest, samples will be brought to a general meeting in the New Year.

Club clothing is great to wear at community and Club events and sells well at races. Sales also help with fund-raising for the club.

Short-sleeved T-shirts and vests will be navy blue with the club crest in navy and gold. Fabrics will wick moisture, launder easily and be durable.

Please help us determine if there is sufficient demand for these items, and if you are considering purchasing any of these items, please respond to our survey, by e-mailing: VCKC_survey@yahoo.ca, and indicate which items you are interested in:

T-Shirt
Vest
Crest

Trips & Courses (Kayaking)

Sea Kayak Program Organized Members' Paddles

This past year our monthly New Members' Paddles have become increasingly popular...to both "new" and "old" members. We have been having great turnouts of up to 30 + paddlers! Everyone seems to be enjoying these events so much that we have decided to try to organize two members' paddles per month. But, to satisfy the need of some for a slightly more "energetic" paddle than our New Members' Paddles have been historically, we thought we'd try to make the second monthly paddle a bit longer in distance or a bit faster in pace! These paddles will not require intermediate paddle skills but will be for those of you that would like a bit more of a "workout"!

We also thought we needed to change the name of the New Members' Paddle since a large percentage of the participants tend to be long standing members of VCKC and we certainly appreciate their participation!

So in 2006 we will attempt to have a **"Get-Together Paddle"** which will provide "social" opportunities and a slower pace and an **"Energizer Paddle"** which will strengthen your forward paddling stroke a bit. We'll have one of each every month as long as we have volunteers to organize these paddles.

Guidelines for these paddles will appear in next month's Newsletter and will be similar to those for the old New Members' Paddles except the "Energizer Paddle" will require some commitment by each participant to "keep up" with the pack for the duration! "Energizer Paddles" will be advertised with the paddle length in nautical miles so that you will be able to decide in advance if you wish to attend.

So check out our two paddles for January. We look forward to seeing you all out on the water in 2007!

Energizer Paddle Date: January 20, 2007

Meet Cheanuh marina (3k past Pedder Bay Marina - look for the high wooden entrance "gate" after you pass the bay view point on the road) at 9:30 at the latest so as to be on the water by 10 am. There is a \$3.00 launch fee per vehicle.

This will be the first of the club's new (NMP Plus) paddles. These paddles are designed to add a little more distance and pace to our traditional outings, but it is still a NMP with all the attendant safety issues addressed. We'll paddle around the bay in a direction determined by wind conditions outside the bay. Tide will be highish all day for us and a 3 knot ebb will effect us as we cross the entrance to the bay. Typically wind will be from the east and

therefore against the ebb so we will plan our approach accordingly. The shortest distance across the entrance to Becher bay is 1.5 miles (say 30 minutes) so we will need to think about that. On the east side of the bay we'll have lots of rocks to duck in and out of, and if there is any swell this can be interesting.

At lunch time we'll look at our kayaks to see the different ways that they are rigged and the ideas that different paddlers have come up with. Our paddle will be about 8 nautical miles, or 16 kilometres, and we'll keep up a reasonable 3.5 knots paddling speed. We plan to be back at launch about 2:30 pm. Depending on conditions outside the bay we'll paddle over the tombola on the SE corner where we will be able to see Race Rocks lighthouse, or along East Sooke park to Beechy Head around the SW corner. Because we will be along a rocky shore much of the time you may want to have gloves accessible (barnacles !). Question: What do you see on the chart that is interesting, even strange? If weather is inclement our fall back plan may keep us inside the bay and shorten the paddle by an hour. We will just have more time at the Metchosin Café!

Please email Duncan Pennington to confirm your attendance at dpennington@shaw.ca

Get-Together Paddle Saturday, January 13, 2007

Destination will be the Sooke River, or if tides do not cooperate, the Sooke basin itself. Meet at 5449 Sooke Rd. (Rush Kayak Adventures) at 10 am sharp to be on the water at 10:30 am.

Please bring hot drinks, warm clothes to change into during and after the paddle and a lunch.

If we make it up Sooke River, something to sit on makes it more pleasant.

Call Susan at 361-4738 to confirm your attendance.

Guidelines:

New Members' Paddles (NMPs) allow new members to meet other members; to paddle in a safe environment and to introduce new members to Victoria area paddling locations. They are tailored to beginner paddlers although experienced paddlers are welcome to attend.

All those who plan to attend NMPs need to wear immersion gear (i.e. drysuit or wetsuit OR insulating clothing such as fleece. ALSO remember to bring a change of clothes in a drybag. The trip leader has the right to deny your participation in the paddle if he/she thinks you are not adequately prepared for the possibility of immersion. If you are unsure about the suitability of your equipment or clothing, please contact the trip leader for advice prior to the paddle date. It is also expected that you will bring adequate food and water for the duration of the paddle.

Courses (Kayaking)

Once again this year the kayak program will be offering the monthly navigation series. We will start out Thursday January 25 with "Aids to Navigation and the Collision Regulations". This will be followed monthly with "Charts and Compass Work", "Tides and Currents", "Local Weather Effects - Wind and Waves" and "Piloting and Trip Planning"

All sessions will start at 7:30 pm at the clubhouse. Further details will follow in subsequent newsletters.

We will also be offering Paddle Canada Flatwater and Level 1 courses starting in April as well as various on water and dry land clinics.

25th Year VCKC Paddle for the Kids Lives On!

This Special Voyageur Canoe Event is our Club's big fundraiser on behalf of the B.C. Lions Society to raise money and assist in the funding of programs for Kids with Disabilities. Its special focus is to support Camp Shawnigan where the children can safely experience the fun of camping and watersports.

In the last 24 years, the membership of VCKC have raised over \$170,000 which has contributed hugely to our clubs very high standing in our community. This year's paddle to Port Angeles and back will be on Saturday, March 24 (weather permitting) beginning from our clubhouse at 6:30 am and finishing around 5 pm in Victoria's Inner Harbour. It's a fun day and you do not have to paddle the whole day, as we paddle in shifts of approximately 1.5 hours. A naval escort of two 85 foot training ships will carry the spare crews in relative comfort with the crew changes being made by an 18 person Zodiac provided by the Victoria Marine Rescue Society and two 12 person Zodiacs provided by the Navy. Gourmet delights in the U.S. are provided by the Port Angeles Lions Society and a potluck feast will be waiting at the Clubhouse upon return. This is a wonderful cause and the club needs your support to encourage family and friends to make a pledge on the behalf of VCKC and the B.C. Lions Society for Kids with Disabilities. Donations over \$25.00 are tax deductible.

Training begins Sunday, January 28 with a welcome and a briefing followed by a "Getting to Know You Paddle" to and around the outer harbour to get rid of some toxins before stopping at Spinnakers for lunch and refreshments.

The rest of the Sunday training sessions are:

Feb 04: Weirs Beach to Race Rocks with stop at Pearson College for lunch

Feb 11: Island View Beach to Oak Bay. Bring a lunch

Feb 18: Maple Bay to Cowichan Bay via Cowichan River. Bring lunch

Feb 25: Pat Bay to Sidney with a stop at the Stonehouse Pub for lunch

Mar 04: Nanaimo - Newcastle, Protection Islands, Bring lunch.

Mar 11: Portland Is. to Rum Isd and back to Sidney. Bring lunch

Mar 18: Thetis and Kuper Island from Chemainus with lunch and refreshments stop at Pub

Mar 24: SATURDAY, Port Angeles and back. Meet at VCKC at 6 AM. Bring snacks and refreshments for the round trip.

SUNDAY ROUTINE:

Meet at the clubhouse at 9 am for each training practice and **DON'T FORGET TO BRING** a paddle, lifejacket/PFD, rubber boots, rain gear, hat, gloves, water, snacks and a change of clothes in a watertight container (dry bag).

VOYAGEUR CLOTHES: Consisting of different weights and layers of Fleece or Wool covered by a Gore-Tex Jacket is a good combination because they have a way of wicking out any moisture and keeping you warm. No Cotton!

You don't have to make every practice but you should try to make at least two, depending on one's experience and physical condition. Paddlers who come out to the practice paddles must commit themselves to **FUNDRAISING FOR THE KIDS AND THE PADDLE TO PORT ANGELES.**

TRAINING SITES MAY BE CHANGED DUE TO WEATHER CONDITIONS

For further info. Contact Don Munroe at 385-2268 or Alan Thomson at 592-4170.

LET'S MAKE THIS YEAR'S PADDLE SPECIAL!

Our Lady of the Gorge

Mrs. Kelso Reed, eldest daughter of Eric J. Hamilton, was welcomed back to the house that was her home in 1923. President Judi Murakami introduced our guest on the occasion of the annual Christmas Party, December 5, 2006. Coincidentally this date is the anniversary of the birth Eric Hamilton who built the house that we now know as our Clubhouse.

Mrs Reed noted that she had been just six years old at the time, and that she was most grateful for the opportunity of celebrating Christmas with us precisely 82 years after her family moved away from this Gorge location.



Santa's helper, Mavis Pillar, recruited Mrs Reed in the task of selecting the winning tickets for member's door prizes. Not surprisingly, Santa found that there were a couple of mementos under the tree for Mrs Reed too!

With the assistance of the considerable historical record that Mrs. Reed has about the property now known as the Victoria Canoe and Kayak Club, we shall enhance our own records of the location that we call "home"; and, we will welcome the return of "Our Lady of the Gorge" at any time.

Clean-up on the Puntledge

In early October it looked as if there would not be a clean up paddle on the Cowichan River due to low water levels. So Craig (Jensen) and I decided to do our own clean-up on the Puntledge River here in the Comox Valley where we now live. We invited our friend Paul to join us on Saturday, October 21 to paddle the upper section of the river near our place.

This section has a dam where the river comes out of Comox Lake and a fish hatchery three or four kilometres down with a hydro intake pipe just further along. In between is a wide, deep, slow moving river with recreational hiking and bicycling trails on either side.

As we live within walking distance of the river this was an opportunity to try out the one wheeled canoe portage cart that Craig had recently made by welding a steel cradle frame onto a 20 inch bicycle wheel.

A late morning start meant taking advantage of the warm midday sun so when Paul arrived we strapped the canoe onto the cart, put our gear and my smallish kayak into the canoe and headed to the river. As one can paddle with or against the current in this upper section, we put in across from the fish hatchery and headed upstream towards the lake. Craig and Paul in the canoe and I in my kayak glided into this river world of clear green water reflecting a tapestry of forest colours which edged the banks.

It was an exquisite scene. Glorious golden maple boughs, bowing into sun sparkled water, crimson flashes of red osier dogwood, cedars – like court ladies flouncing at the shoreline in their wide ruffled dresses of vivid green laced with the rusty red of their autumn shed. Stately firs clothed in dark green were the background warp with the odd golden tower of a cottonwood reaching up into the clear crisp air and bright blue sky above.

The long, slender dark bodies of Coho darted about as we paddled over them. The flick of a white tail and the white ribbon on their spines showed the signs of freshwater decay. They hovered in groups, in the shallow gravel beds of their birth. I was glad to see this mystery miracle here.

As we made our way upstream there was surprisingly little human jetsam. This is good! We pulled in some fishing line and floats and the guys hauled the torn remains of a red zodiac into the canoe. I had seen this from the bicycle trail. As many Lucky beer cans (official Cumberland beer) as we could reach were added to our refund pile. Most were deeply out of reach on the river bottom.

Craig and Paul seemed to have much to discuss judging by the on-going dialogue. I seemed to spend my time lost in reverie and rescuing drowning dragon flies from their watery graves. They dip too low and long in the mirror still surface getting their wings too wet to fly up and away. I figure I saved four lives or at least gained a little more time for a large blue dragonfly, two red damsel flies and an even smaller yellowish one. A paddle makes a great rescuing tool. I then deposited them in front of me on the deck of my boat. Here they hung on and dried out before fanning their wings briefly and taking flight. One landed on my nose. It must have needed a little extra recovery time as it rode along with me for quite a few minutes. By crossing my eyes I could see its beautiful lacy wings with a yellow spot in each outer point. An eagle soared by and banked around a bend in the river while we heard another singing its high pitched melodious song from the forest edge.

We made our way upstream to the lake and pulled out across from the dam to have a snack. We walked along the lake shore a ways and picked a bag of garbage. As we looked out over the lake there was a huge white flock of seagulls moving and right and left in timed unison. I guessed they were out on a flying jaunt in the clear air away from their scavenging jobs at the Pigeon Lake Landfill. As we paddled back downstream I reveled in this glorious day.

As I drifted past the shoreline on river right, the western sun was giving a moving picture show. Shimmering light from the slightly rippled water surface reflected a wavy pattern of golden hue light and shadows onto the earthen banks. Downstream we passed 'Palm Beach' our summer swimming place. It looked forlorn and wintry in the afternoon shadows. I hugged the sunny shore where a group of juvenile mergansers skittled past.

We glided into a floating mat of coloured leaves held back by a cautionary log boom at the pull-out and clambered up the bank. The boats were hauled up, the cart taken out of the canoe and everything fastened on. Our little party made a great team guiding and balancing the laden cart back to our cabin. Here we had a celebratory feast of local bison meat burgers, home-made pickles and Paul's famous foil roasted potatoes. We also toasted the success and enjoyment of our river day with a glass of delicious rhubarb wine.

Later with Craig's special cocoa-inka mug in hand, we sat around the warming flames of a campfire and companionably conversed well into the darkening evening.

Submitted by Kathryn Landry

**MARINE BIRDS:
A COURSE FOR NATURALISTS AND
ENTHUSIASTS**

This series of slide and video illustrated talks is ideal for those interested in learning more about marine birds and bird behaviour. Discover fascinating secrets about how marine birds live and feed. The emphasis of this course is on unique and interesting biological and behavioural information that will capture the imagination of both amateurs and professionals.

The course is instructed by James Clowater, an ornithologist who specializes in the behavioural ecology of marine birds. Two shoreline field trips are included.

LOCATION: Swan Lake Nature House

Call Swan Lake for details and to pre-register at (250) 479-0211

DATES: Feb 22, March 1, 8, 15 and 22, 2007

TIME: 7 – 9 pm

PAYMENT: \$79.00

James Clowater: 370-9281

website: <http://webs.ii.ca/clowater/mbirds.htm>

**BIRDING FOR BEGINNERS:
An introduction to birdwatching**

A series of three lectures and three field trips ideal for those interested in discovering the pleasures of birdwatching. Learn about binoculars and field guides, and how to avoid frustration identifying birds. Classes will cover the major bird groups seen around Victoria's backyards, forests, ponds, and shoreline habitats. Each week a classroom session, with slide and video presentations, will be followed by a weekend field trip.

Instructor: James Clowater, M. Sc., is a biologist who specializes in the behavioural ecology of birds.

LOCATION: University of Victoria, Continuing Studies

Dates: Wednesdays, March 21 to April 4: 7 to 9 pm (lectures); and Sundays (Field Trips), March 25, April 1, & April 15: 9:00 to 10:30 am (field trips in the Victoria area), 6 sessions.

Costs: TBA

Registration: Continuing Studies 250-472-4747

Ed. Note: Members may recall James Clowater's presentation at a Kayak Program Meeting.

VCKC TAKES TO THE SLOPES

When: January 18, 19 & 20
(Thursday, Friday & Saturday night)

Where: Mt. Washington

Accommodations are two condos that each have their own sauna, washer and dryer.
The party condo has it's own hot tub.

Cost is \$55 p/p for three nights (almost free)

To confirm, phone Don Munroe at 385-2268

The first 16 people to submit their money get to go.

VCKC Executive

<p>President Judi Murakami 360-2776</p> <p>Vice President Mile Petrovic 893-1904</p> <p>Treasurer Paul Post 412-4323</p> <p>Secretary Lorna Petrovic 733-2013</p> <p>Past President Paul de la Bastide 598-9611</p> <p>Program Directors:</p> <p>Canoe Program Linda Thomson 592-4170</p> <p>Dragon Boat Program Mike Fox 391-0160</p> <p>Outrigger Program Keith Larusson 598-7193</p> <p>Sea Kayak Program Fred Trudell 480-0880</p>	<p>Voyageur Program Don Munroe 385-2268</p> <p>Marathon Canoe Program Ron Williams 380-7496</p> <p>Education, Standards & Safety Doug Linton 727-0216</p> <p>Membership Tony Copping 479-1308</p> <p>Clubhouse & Grounds Kathleen Gunn 384-6436</p> <p>Social Coordinator Irena Jazwinski 388-9757</p> <p>Boat Storage Alex Mann & Lynn Sanderson .. 382-7781</p> <p>Newsletter Harold Gillis 598-9488</p> <p>Directors-at-Large Mavis Pillar 384-4390 John Close 384-8077 Joy Newham 385-5876 Fraser Tweedy 380-6952</p>
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VCKC Clubhouse Bookings and Club Activities January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2 Annual General Meeting 7:30pm	3	4	5	6
7	8	9 VCKC Executive Meeting 7:30pm Judi 360-2776	10	11	12	13
14	15 Canoe Program Meeting 7:30pm	16	17 Kayak Program Meeting 7:00pm	18	19	20
21	22	23 Outrigger Meeting 7:30pm	24	25	26	27
28	29	30	31			

The Victoria Canoe and Kayak Club is a member of:

RCABA (bccanoe.com);
 CRCA (paddlingcanada.ca);
 CORA (canadianoutrigger.com)

General Meetings

First Tuesday of each month (September to June)
 February Newsletter deadline: January 16, 2007