



Victoria Canoe & Kayak Club Newsletter

Victoria Canoe & Kayak Club
355 Gorge Road West
Victoria, B.C. V9A 1M9
Phone: 250-590-8193 (Info only)
Website: www.vckc.ca

March 2013

Victoria Canoe and Kayak Club General Meeting Tuesday, March 5th, 2013 at 7:30 p.m.

NOTICES

The combination for the VCKC locks will be changed on Monday March 18th.

The VCKC Policies and Procedures are being revised as per decisions made at the last 2 Executive Meetings. The revisions are to Section A "Membership Fees - General", and there's a new section "Medical Assistance during Club Events" appearing under Section F "Safety Procedures while Paddling".

Please check the bottom of our membership page (<http://www.vckc.ca/members/>) on the VCKC website for an updated version.

A couple of reminders:

1. Please clean shoes and boots before going upstairs at the clubhouse. There has been a lot of clay-like mud trampled upstairs. It is hard on the floors and very difficult to clean.
2. Please do not feed the wildlife on the gorge. In particular, the swans are becoming acclimated to people. They are wild animals and can be very aggressive towards people. Small children are at risk when the swans feel safe approaching people.

Lost: One wooden straight shaft canoe paddle with an "*ELLIE*" decal on the blade. If found, please contact Ellie at ejames123@shaw.ca or 250 686-9117. Thanks you.



Photo: Wendy Clapp

Expedition Behaviours: A Simple Definition

Expedition Behaviors (EB) are those behaviours that contribute to group goals and objectives while supporting the leadership team and members of the group. (Jostad, 2012)

Michael Pardy was the guest speaker at the February VCKC General Meeting. He is a SKILS Director. See www.skills.ca. Michael left us with his presentation outline.

On an expedition, Social Skills connect technical, mental, tactical and physical skills and can either complement or aggravate them, affecting the experience of the trip.

Why Do Folks Misbehave?

Some things you can control:

- Cold
- Wet
- Tired
- Scared
- Hungry
- Hurt

A Basic Toolbox of Social Skills

- Communication Skills
- Basic Manners
- Showing Care and Concern for Others
- Taking Turns

10 Rules for Good EB

1. Get up
2. Don't complain
3. Keep clean
4. Look for your own stuff
5. Learn how to cook at least one thing well
6. Do more than your share
7. Don't be too cheerful before breakfast
8. Never ask where you are
9. Don't get sunburned
10. Break starts when the last person arrives



Everything You Needed to Learn About EB, You Learned in School

- Share the work and play
- Take a nap
- Play fair
- Don't hit people
- Say sorry when you do
- Put things back where you found them
- Clean up your own mess
- Wash your hands before you eat
- Watch out for traffic
- Be aware of wonder
- Goldfish, hamsters, and little seeds die

Paddle for the Kids,
Feb. 3, with a boat
full of kids.

Photo - Wendy Clapp

PADDLE FOR THE KIDS - MARCH 23RD

The 2013 Peninsula Paddle for the Kids is now well under way. This annual fundraising event at VCKC is in support of the Lions Society Easter Seal Camp Shawnigan. Funds raised by the club help the Lions Society operate the facility for children and families with special needs.

The paddle route follows 75 km of shoreline between Brentwood Bay and the Clubhouse.

On February 3rd the Voyageur program held its first ever open paddle and demo day. We had four canoes on the water with about 20 new paddlers as we made a short trip up Portage Inlet. The sterns demonstrated how to right a Voyageur canoe in the event of a capsize, while new paddlers observed from the shore.

February 10th was the official Paddle for the Kids kick-off with a short paddle to Spinnakers, followed by a short tour of Victoria Harbour. This event was well-attended by about 36 paddlers.

The February 17th practice was a trip from Tulista Park in Sidney, north around Coal Island, then over to Sidney Spit for lunch. There were 25 paddlers that nicely filled four boats. We experienced an un-forecast heavy downpour of rain, followed by the predicted north wind. Paddlers quickly started to get cold so we headed for a lunch break on shore. We reached our goal that day of paddling 20 km.

There are 4 practice paddles remaining before the big day on March 23rd.



Remaining Practices

Sunday February 24th - Sooke Basin

Sunday March 3rd - Ladysmith Harbour

Sunday March 10th - Maple Bay to Cowichan Bay

Saturday March 17th - Race Rocks (or Saanich Inlet)

All trips start by meeting at the Clubhouse at 8:30 a.m. where ride shares and boat towing are arranged. Please bring a paddle, PFD, dry bag, dry clothes, all weather-appropriate clothing (regardless of the forecast), food, and water.

This program is open to all VCKC members. If you cannot take part, please consider sponsoring one of our paddlers to raise funds for Camp Shawnigan.

If you have any questions, please contact Joe Boyd: voyageur@vckc.ca, 250-386-6004



Photo - Rick Linden



The 32nd Annual Voyageur Paddle for Camp Shawnigan

www.vckc.ca

The Victoria Canoe and kayak Club's Annual Voyageur Paddle For The Kids raises funds in support of the BC Lions Society for Children with Disabilities (Camp Shawnigan). The Paddle entails the circumnavigation of the Saanich Peninsula from Brentwood Bay to the Gorge Waterway – 80 kilometres - 10 to 12 hours. Lion's Clubs provide food, bus transportation and warm, dry rest areas along the route.

The paddle will take place this year on **Saturday March 23rd**. There will be 7 practice paddles leading up to that date. Practice paddles can be the best part of the program. You can expect an adventure on every outing. Most practices will take the full-day.



Practice Schedule (Sundays)

- February 3rd – Portage Inlet –Intro to Voyageur (9:30 am)
- February 10th – Victoria Harbour (9:30 am start)
- February 17th – Sidney and Points Beyond (8:30 am start)
- February 24th – Sooke Basin
- March 3rd – Ladysmith Harbour
- March 10th – Maple Bay - Cowichan Bay
- March 17th – Pedder Bay - Race Rocks (or Saanich Inlet)

Saturday March 23, 2013—Peninsula Paddle



Open to all VCKC Members:

- \$50 per year (Single)
- \$70 per year (Family)



Contact: Joe Boyd: voyageur@vckc.ca 250-386-6004

CRAIGFLOWER BRIDGE REPLACEMENT

Impacts for Paddlers in the Gorge Waterway

The Craigflower project is the one that hits closest to home. Work is scheduled to begin in July. The President has written asking Saanich for more information about possible impacts on paddlers/boat traffic in the Gorge waterway, access to Kosapsom Park and beach, etc. (Canada Day springs to mind); and their reply appears below.

“Transport Canada and the Municipalities have placed the following restrictions on the project in relation to impact to waterway users:

The Contractor will maintain an unobstructed navigable channel in the Gorge Waterway. The Contractor will install and maintain aids to navigation or warning signs ... to mark obstructions or restrictions caused by the Contractor's operations. Construction clearances must be a minimum 6.0 meters in width and a minimum 2.5 meters vertical clearance from high tide and at no time construction equipment or debris shall block the channel. The clearance channel may be relocated from time to time to facilitate the Contractor's construction activities but must be between Pier 1 and Pier 3.

Any construction materials, temporary works or equipment shall be marked with high visibility materials and paints to ensure vessel operators can observe any impediment or restriction.

There will be continued access to Kosapsom Park, but only from Gorge Road. Access to the park from Admirals Road will be restricted during construction.”

There will be road closures in the area, and the diversion of traffic to other routes such as Tillicum Rd. will undoubtedly make getting to the Clubhouse more time-consuming than usual - something to keep in mind if you're trying to make it to a dragon boat or outrigger practice. A Gorge Rd. closure for sewer reconstruction at some point in the summer could also affect access to the Club.

The Johnson St. Bridge will be a much more drawn-out project, starting this summer and ending in 2016. There will definitely be waterway closures at some points in time, and restrictions at others. According to the website, interested parties will receive notice of closures one month in advance, with 24-hr. notice of restrictions. Programs planning to use the outer harbour for events from 2013 to 2016 will want to keep an eye on this situation.

CLUBHOUSE & GORGE WATERWAY CLEANUP

When: Saturday, April 27th.

Time: 9:00 a.m. to 1:00 p.m.

Please come and help to clean up the clubhouse and the Gorge Waterway. If you want to participate, be sure to wear clothes and footwear that you don't mind getting muddy. For the club cleanup, please bring any garden tools or house cleaning stuff that you are able to.



The paddling group will be out in the voyageur canoes - it's a messy job but it's an adventure. Please wear clothes and footwear that you don't mind getting wet and muddy.

We are so fortunate to have such a lovely location for our club. Please spare a couple of hours to help keep it looking spic and span.

Our Sponsors will provide:

- Gloves and garbage bags by the CRD;
- Dumpsters and dumpage fees by Waste Management; and
- Refreshments and treats by Tim Hortons.

Thanks from

Sandy Rattray, VCKC Clubhouse and Grounds, and
Don Munroe, VCKC representative for Gorge Waterway Initiatives (GWI)

CANOE PROGRAM REPORT

CANOE COURSES

Each year, some Recreational Canoeing Association of BC (RCABC) paddler-level courses are offered by VCKC. They are led by RCABC certified instructors who are club members. Fees for these courses go to the Club, not the instructor.

Spring 2013 Canoe Course Schedule

Below is the schedule for VCKC's Spring canoe courses. VCKC will be offering courses in Flatwater, Moving water, Ocean canoeing, Canoe Tripping and Canoe Poling. A Flatwater Instructor course will also be offered this Spring in conjunction with the April Basic and Advanced Tandem Paddler Courses.

Brief description of the courses are noted below the schedule.

For insurance purposes, VCKC membership is required to take the courses. The membership fees are \$50 (individual) and \$70 (family).

Please notify Dan Walker (VCKC Canoe Program Director) Canoe@vckc.ca, 250-721-6913 to register for one of the courses or if you need more info.

Individual instructors will notify you regarding locations, start/stop times and equipment required. Unless noted otherwise, sessions run the full day.

Basic Tandem Paddler (Lakewater I) <ul style="list-style-type: none"> No prerequisite. \$25.00 1. March 9th 2. April 5th (evening classroom session) And April 6th. 	Basic Solo Paddler (Lakewater II) <ul style="list-style-type: none"> Prerequisite is Basic Tandem Paddler I (or instructor permission). \$25.00 1. March 16th 2. April 5th. (Evening classroom session) And April 7th. 	Advanced Tandem Paddler (Lakewater III) <ul style="list-style-type: none"> Prerequisite is Basic Solo Paddler II (or instructor permission). \$25.00 1. April 5th (evening classroom session) And April 20th. 2. June 8th. 	Advanced Solo Paddler (Lakewater IV) <ul style="list-style-type: none"> Prerequisite is Basic Solo Paddler 2 (or instructor permission). \$25.00 1. April 21th. 2. June 15th. 	Lakewater Instructor <ul style="list-style-type: none"> April 5th. (Evening classroom session) \$25.00 1. April 6, 7, 20 & 21 (four full days to complete Instructor training)
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MOVING WATER COURSES Basic Tandem Moving Water I <ul style="list-style-type: none"> Prerequisite is Basic or Advanced Tandem Paddler (or instructor permission) \$150.00 1. June 1 & 2nd (two day course) 	OCEAN CANOEING Ocean Canoeing (III) <ul style="list-style-type: none"> Prerequisite Basic Lakewater II (instructor permission also required). \$100.00 1. May 2nd, 6th & 7th (three evening classroom sessions) May 10, 11th, 12th (three days ocean paddling) 	CANOE TRIPPING Canoe Tripping <ul style="list-style-type: none"> Prerequisites both Basic Tandem and Basic Solo Paddler (or instructor permission). \$100.00 1. June 19 & 20th (evening classroom sessions) June 22nd & 23rd (overnight trip) 	CANOE POLING Flatwater Poling <ul style="list-style-type: none"> Prerequisite is Basic Solo Paddler II \$35.00 1. Scheduled for July, times TBA 	CANOE POLING Moving Water Poling <ul style="list-style-type: none"> Prerequisite is Flatwater Canoe Poling \$65.00 1. Scheduled for July, times TBA
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CANOE COURSES, cont'd

Lakewater Courses

Basic Lakewater I tandem course is an introduction to canoeing and a prerequisite for all further courses; the course runs a full day. You will learn everything from basic knots, to safe carrying and transporting of a canoe, to what to wear on the water, to all the basic canoe strokes, to a canoe rescue strategy.

Lakewater II is the basic solo paddling course. Lake Water III and IV are the advanced flat-water courses for tandem techniques and solo paddling skill development.

There may be a small additional fee to cover the cost of pool rental for the rescue portion.

Moving Water Course

Moving Water I is the basic tandem river paddling course; Moving Water II is the introductory course for solo canoeing on rivers. You will learn all the basics

for river paddling, such as reading water, ferrying across current, eddy turns and you will do a rescue in current.

Ocean/Coastal Canoeing Course

There are 2 courses, basic and advanced. The basic course introduces the students to ocean paddling, including reading tides and currents, navigating with a compass, and the use of tide and current tables

and charts. The advanced course includes ocean canoeing with camping, usually a trip among the Gulf Islands.

Tripping Course

Learn all the details and logistics for planning safe, fun and exciting multi-day canoe trips.

Flatwater Canoe Poling Course

Learn the skill of propelling and manoeuvring your canoe by poling.

Moving Water Canoe Poling Course

Advance your poling skills to manoeuvre in river currents.

CANOE AND KAYAK MEETING

The next Canoe & Kayak meeting is March 18th at the VCKC clubhouse, 7:30PM. These get-togethers focus on canoe and kayak activities. Usually we start with introductions and a quick review of pressing business before proceeding to an interesting/fun activity session followed by a canoe or kayak related presentation.

March's activity will be a short talk on Canoe Tripping by Jay Crowley, followed by an interactive

discussion led by Jay. The talk and discussion will cover trip preparation, packing, equipment, skills needed, route selection, group dynamics etc. Jay is teaching a Canoe Tripping course the weekend of June 19 & 20 and members planning their own trips for this summer may find this session worthwhile.

Later that evening, Ken Gibbard and Peter Kabel will be presenting what promises to be a very interesting presentation on their canal trip in Holland.

CANOE TRIPS

For some time now, the Club has offered alternating weekend flatwater and river trips. These trips are open to members with adequate ability and training for that weekend's trip. Trips are posted on the VCKC Calendar. Please contact Alan Thomson 3135thom@islandnet.com for info on flatwater trips

and Dan Walker canoe@VCKC.ca for info on moving water trips. Beginning soon, one Class I-II river trip will be held per month for club paddlers who have successfully completed a moving water course and are prepared for river paddling.

VCKC DRAGON BOAT PROGRAM

It's still quite early in our season, although the Gorging Dragons are well into their team development for the National Championships at Elk Lake in Late August.

Lori McFeeters has agreed to lead the Guts 'n Glory Festival. Lori's project management background and paddling experience provides a good basis for this challenge. Luckily, Brittany Kohn, last year's Event Director, has agreed to assist. With the event in mid-July, we are hoping for a similar turnout to last year's. Since Montana's cannot assist this year, we will be looking for additional volunteers to fill the many roles... hopefully, non-dragon boaters can be counted on, like last year. If you know of anyone, please email GnGEventDirector@vckc.ca. Although non-participants would be best, everyone is welcome to join in.

The boats need a bit of maintenance prior to launching. Painting the interior exposed fibreglass is a priority... we must ask paddlers to stop wearing sandpaper sandals! Pray for good weather. We like

to launch on March 9th... an email to assist will be sent to DBers prior to launch.

Practice time slots are being worked out. Initially, 6pm will be the practice time (arrive 15 minutes before) with practices on Monday, Tuesday, Wednesday and Thursday. Depending on how many show up, a combination of small boat and big boats will go out. Two coaches and two sterns will be required at each practice, but we are hoping to use a position rotating system to enable everyone to try different places in the boat (except stern). Everyone should start their cross training to ensure that they're ready for the practices... Hoping to start March 11th (just after Daylight Savings Time begins). After the teams have truly formed with full complements, captains, treasurers, training program and team bio, practice time slots will be finalized.

Gorge Super Sprints on June 1st appears to be the first local DB event.

Kick-off Social: Potluck planned for March 6th. Intent is to firm up DB teams, share information and obtain sign-up for various events.

OUTRIGGER PROGRAM

Help Wake Up the Gorge!

Victoria's premier spring racing event, Wake Up the Gorge, takes place on our very own dock Saturday April 13th, and small boat races following on Sunday, April 14th. This event traditionally attracts outrigger teams from up and down the Island - as well as a few from the Mainland - because of our cozy venue, good home cookin', fantastic prizes, and reasonable entry fees. Registration information will be up on the VCKC website shortly.

The Outrigger Program held its first organizational meeting on Jan. 28. This year there will be no Beer Garden, but the BBQ and the kitchen selection will be better than ever. Teams are volunteering to take on various tasks, but there are still lots of volunteer

opportunities, e.g., for dock crew, kitchen servers, runners, etc. If you would like to volunteer, please contact Ryan Ovens outrigger@vckc.ca.

If you can contribute prizes for the raffle or round up nifty prizes from sponsors, please contact Barbara Abercrombie secretary@vckc.ca.

The good news is you don't have to be an outrigger program member to serve as a volunteer. Even if you don't know an ooni from an ama, you can experience all the fun of this event from the sidelines and help the Club raise money for equipment. And while there are no guarantees, the weather just might be superb! Put the date in your calendar.

ORC's ENDANGERED RIVERS LIST

The Outdoor Recreation Council of BC (ORC) invites members of its member organizations, and other individuals involved in public recreation, to nominate BC rivers on which they consider public recreation to be threatened or endangered.

To nominate a river, please provide the information listed on the NOMINATION FORM (click to download). Nominations will be reviewed by ORC's Endangered Rivers Committee.

Members of this Committee include Mark Angelo (ORC's Rivers Chair), Marvin Rosenau (BCIT), John Werring (David Suzuki Foundation) and Adam Frey (Vancouver Kayak Club).

We look forward to receiving your nominations.

Jeremy McCall,
Executive Director - Outdoor Recreation Council of
British Columbia

CLUBHOUSE NEWS

The February General Meeting hosted Michael Pardy's great presentation on Expedition Behaviour - Playing in the Sandbox. He asked us to reflect on some recent paddling experiences & answer 3 questions.

- What frustrates me when paddling?
- Are there specific people, times of day, or activities that consistently frustrate me?

- How do I interact with others when I get frustrated?

Michael shared tools for social skills to help groups achieve their goals. 10 rules for good expedition behaviour sound about right for many trips - a 90 minute dragon boat, outrigger paddle, or the longer canoe and kayak trips. See page 2 of this newsletter for more his presentation guide.

The Craigflower School Canoe project

This project provides paddling experiences on the Gorge for students that may make a difference in lives. Our goal is weekly voyageur paddles with students April to June - maybe each Tuesday. We are exploring options for the students' all-weather

clothing and soliciting voyageur sterns for the project. We have the extra benefit of having James doing an evaluation of the impact as part of his master's program.

General meetings in 2013

We are incorporating topics of interest. Wendy Clapp is organizing presenters like Michael. Please let her know your thoughts.

Bridge Replacement

A summer of bridges - both Craigflower bridge and Johnson Street bridge are being replaced. The Craigflower bridge construction, scheduled to start in July, is required to maintain an unobstructed

navigable channel in the Gorge. Saanich will replace sewer lines on Gorge Road June-November, with periodic diversions that may slow VCKC access.

Club Program/Financial Planning

Executive is progressing in implementing the program plans for 2013. Developing club selection criteria for boat purchase and program criteria will guide purchase decisions. We'll apply them with the new voyageur purchase.

Programs are working on areas including the boat storage project, processes to help new outrigger paddlers safely and quickly on the water, exploring on-line registration for events and possibly courses, coach and instructor supports and canoe training courses.

Two reminders for us all:

- Please clean mud from your boots before going on the upstairs wood floors. Mud dried on the wood floors is very difficult to clean off.
- Please don't feed the swans. VCKC committed to respect wildlife when we paddle.

Upcoming Events of Interest

- Paddle for the Kids March 23 - Voyageur practice trips each Sunday and the relay March 23. Everyone is welcome to paddle & raise money. We aim to raise money to send children to Camp Shawnigan.
- Kan-u Hakit outrigger race at GRPC March 2
- Wake-up the Gorge April 13 outrigger race at VCKC planning - next meeting Feb 25.
- Multiple Canoe Courses. See the Pages 7 & 8 for information and dates.
- Club Lock codes change March 18. You must be a VCKC member to access the new codes.

See you all at the General Meeting March 5
Pam, President, VCKC

EXECUTIVE COMMITTEE NEWS

The Executive Committee met on February 12 - here are some highlights from that meeting:

Voyageur Purchase - and a Big Thank-You to Don!

The Executive Committee authorized the newest addition to VCKC's fleet, a voyageur canoe. With a generous donation from Don Munroe, the Program was able to stretch its budget to a Kevlar canoe. We hope to take delivery of the new boat some time before Paddle for the Kids. While deliberating on this item (which topped the list of funding priorities agreed to in 2012), the Committee developed a set of standardized criteria for boat purchases which will be used to guide future shopping expeditions for new or used boats or large items such as storage racks. Included among these guidelines are:

1. The total cost of the purchase, including tax and delivery is within the allocated budget.
2. The boat or storage rack is suitable for the purpose for which it was approved.
3. Running costs such as maintenance and repair are identified and planned for.
4. The vendor is established and ready to meet requirements in a timely way.
5. The vendor is flexible to allow changes in orders without eliciting a heavy penalty.
6. The vendor has experts that can answer VCKC questions, including technical questions.
7. The vendor provides information on expected length of life of the boat or storage rack (including effects of indoor vs. outdoor storage).
8. Deliveries can be made when and where needed by VCKC.
9. Vendor customer service is professional and easy to contact.
10. Any warranty is clearly stated with details and dates (if applicable).

Executive Priorities for 2013

The Committee has agreed to address the following issues as its primary tasks in 2013:

- Continue to work on developing a long-term (10-year horizon) plan for capital equipment renewal
- Continue work on the upgrade of storage facilities; discuss storage needs and update policies
- Update Programs' three-year plans
- Program health - recruitment; coaches, instructors, and specialized personnel; competition analysis; promotion of Club programs
- Education of members
- Ensure cross-program fairness
- Clarify the purpose of contingency funds
- Develop the 2014 budget

Reimbursement for Instructors

It has come to the Executive's attention that some instructors who incur out-of-pocket expenses may not be taking advantage of existing Club policy, which states: "All active instructors/coaches may be reimbursed for out-of-pocket expenses directly

related to instructing or assisting to instruct a VCKC course, and/or coasts of instructor/coach re-certification courses." Please submit your claims for expenses to the Treasurer.

New Club Policy on Medical Assistance at Large Events

Following an incident at last year's Wake Up the Gorge, the Executive decided to adopt the following new policy:

"Organizers of Club paddling events with registrations in excess of 100 persons (e.g., festivals

and races) must make provision to have medical assistance such as a licensed physician or St. John's Ambulance present for the duration of the event."

March General Meeting - Don't forget - the next General Meeting takes place on Tuesday, March 5 at 7:30 p.m. An announcement will be sent out to all members shortly.

Barbara. Secretary, VCKC

VCKC Executive

Executive

President president@vckc.ca
250-479-8878
Vice-president vpresident@vckc.ca
Jean Chandler 250-727-6923
Treasurer treasurer@vckc.ca
Anne Ardiel 250.658.2442
Secretary secretary@vckc.ca
Barbara Abercrombie 250-598-7931
Past President pastpres@vckc.ca
Bon Lee 250 477-1381

Program Directors

Canoe Program canoe@vckc.ca
Dan Walker
Dragonboat Program dragonboat@vckc.ca
Ron Crabtree 778 430-4545
Kayak Program kayak@vckc.ca
Roy Scully
Outrigger Program outrigger@vckc.ca
Ryan Ovens
Marathon Canoe Program marathon@vckc.ca
Darrelle Butler

Voyageur Program voyageur@vckc.ca
Joe Boyd 250-386-6004

Other Executive

Education, Standards & Safety safety@vckc.ca
Doug Linton 250 727-0216
Membership membership@vckc.ca
Muriel Johnson
Clubhouse and Grounds clubhouse@vckc.ca
Sandy Rattray 250 386-9144
Boat & Locker Storage storage@vckc.ca
Maylene McMillan
Director at Large director1@vckc.ca
Wendy Clapp 250 220-5787
Director at Large director4@vckc.ca
June Parker

Executive Appointed Positions

Newsletter Editor newsletter@vckc.ca
Jean Chandler 250-727-6923
Webmaster webmaster@vckc.ca
Vacant
(Ron Crabtree interim) 778 430-4545

Note: the Deadline for submission of content for the next newsletter is March 20.

March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25	26	27	28	01-Mar	2
08:30 Voyageur : PFTK Practice	17:30 WUTG Planning					OC6: Kan U Hakit Race
3	4	5	6	7	8	9
08:30 Voyageur : PFTK Practice		19:30 VCKC General Meeting	Dragon Boat Pot Luck			Basic Tandem Paddler Canoe Dragon Boat Launch
10	11	12	13	14	15	16
Daylight Saving Time Starts						Basic Solo Paddler canoe course
08:30 Voyageur : PFTK Practice	Dragon Boat Practises Start	19:00 Executive Meeting				OC6: Newcastle Island Crazy
17	18	19	20	21	22	23
OC1: Shark Island Attack (Small Boats Race)	Lock Combinations Changed		VCKC Newsletter Deadline			**Paddle For The Kids**
08:30 Voyageur PFTK Practice	17:30 Canoe & Kayak Meeting					
24	25	26	27	28	29	30
					Good Friday	
31	01-Apr	2	3	4	5	6
Easter	April Fool's Day	19:30 VCKC General Meeting			Tandem Paddler canoe course evening session	Advanced Tandem Paddler canoe course