



Victoria Canoe & Kayak Club Newsletter

Victoria Canoe & Kayak Club
355 Gorge Road West
Victoria, B.C. V9A 1M9
Phone: 250-590-8193 (Info only)
Website: www.vckc.ca

January 2009

Annual General Meeting
Tuesday
January 6, 2009
7:30 pm

VCKC Christmas Party - 2008

Once again our Christmas feast was a huge success. We managed to fit everyone in by playing musical chairs - and the food was delicious! The silent auction brought in between \$250 - \$350 towards our donation to Camp Shawnigan (sorry, I forget the exact amount) so thank you to all those who contributed items for us to bid on. We collected two big boxes of food items to take to the Mustard Seed as well. Santa paid a visit and doled out gifts and John's friend Peter treated us to some Christmas music, playing his guitar and leading the singing.

A crew of volunteers had done a great job of decorating the club on Sunday and it looked very festive. The mover and shaker behind this for the past few years has been Mavis - not only organizing us during the decorating process but also keeping things flowing during the dinner. Her enthusiasm is infectious! And all of this wouldn't happen without all the volunteer help we receive to make this evening a success. So a big THANK YOU to Mavis and the team of volunteers.

Hope to see you at the AGM on January 6 - come on out and elect your new executive!

Joy Newham

Clubhouse News

Happy New Year Everyone !

As always, the New Year of the club starts with the completion of the work of the Executive of the previous year and the election of the incoming members. So come to the AGM on Tuesday, January 6 at 7:30 pm and hear the reports of what has been achieved in 2008 and the summary of our financial status. Then be prepared to elect the members of the 2009 Executive. Maris Ratel has done a grand job of being in charge of Boat and Locker Storage for the last two years and will be stepping down, as will Marie-Eve Tessier, Marianne West and Raymond Patts after one year each as Vice-President, Kayak Program Director and Social Coordinator respectively. Thank you all for all your work on behalf of the club.

The following is a list of people and the positions in which they are interested:

Linda Thomson as President
Bon Lee as Vice-President
Sharron Rivest as Treasurer
Diane Nishimura as Secretary
Joy Newham as Canoe Program Director
Michael Fox as Dragon Boat Director
Keith Larusson as Outrigger Program Director
Ron Williams as Marathon Canoe Director
Don Munroe as Voyageur Program Director
Doug Linton as Education, Standards and Safety Director
Caroline Rattray as Membership Director
Sandy Rattray as Clubhouse and Grounds Director
Muriel Johnson as Director at Large
Harold Gillis as Newsletter Editor

Unfilled positions are:

Kayak Program Director
Boat and Locker Storage
Social Coordinator

While there are nominations for most positions, any club members may stand for any position at the AGM, provided they have a proposer and seconder. Members may also stand as Director-at-Large, positions on the Executive which do not have specific duties attached and offer good opportunities for understanding the work of the Club.

Linda Thomson
President, VCKC

Kayak Program Report

The next Kayak Program Meeting is Tuesday, January 20, 7:00 to 9:30 pm. This will be a social gathering with a chance to schmooze and get to know each other better. Please bring an appetizer or other munchies if you wish.

VCKC has boats that are available to members for club courses and paddles at no charge. All kayaks come with a PFD, paddle, pump and throw line. When not scheduled for club event use, these boats are also available to members for personal use on the Gorge Waterway on the club side of the Tillicum Bridge. Members must have qualified skills and paddle with a buddy. Susan Zedel has kindly offered to handle the booking of club boats for personal use. Your efforts will be very much appreciated, Susan!

The following is a list of volunteers for the Kayak Program:

Who's Who:

Program Director - Vacant

Communications (email) - Fred Trudell - fredinvictoria@yahoo.ca

Communications (paddlers' list) - VCKCpaddlinglist@gmail.com

Courses & Workshops - Patti Stevens - pattilou_333@yahoo.com

Kayak Bookings - Susan Zedel - Email (TBA)

Library - Vic Turkington - victurkington@yahoo.com

Day Paddles and Expeditions - Marianne West - mariannejwest@gmail.com and Dorothea Hoffmann - polkadottie44@shaw.ca
Instructors - Tom Hukari, Patti Stevens, Yves Aquin, Dennis MacMillan, Dorothea Hoffman, Doug Linton, Marianne West, Michel Guerard.



Canoe Program Report

What a great year 2008 has been for the canoe program and VCKC! There were so many wonderful day trips around the southern island and Gulf Islands with a variety of weather conditions, making for some very interesting paddling. Alan Thomson has been such a huge help, coming up with ideas for trips, doing all the pre-trip planning and organizing and then, of course, being trip leader. As many of the trips involved shuttles, sorting this out is a skill in itself. Along with a big THANK YOU to Alan, I would also like to thank Linda Thomson, Ken Gibbard and Dave Whitehead for taking on trip leading when Alan was unavailable. Ideally we will offer some workshops to help others gain the skills to be able to lead trips as well.

Jean Chandler has faithfully been available most Wednesday mornings to lead small groups along the Gorge, either to enjoy the scenery or for some skills practice. Thank you Jean!

The team of instructors has helped to bring basic paddling skills to a large number of people in 2008 and many of those people have continued on to more advanced paddling. As a result, we have seen the numbers of canoeists in the club really increase this year. Thank you to Tom Staebell, Alan Thomson, Dan Walker, Jean Chandler, Linda Thomson, Ellie James and Todd Irvine for your dedication! Even some of the instructors took advanced courses to certify them to teach other areas of paddling.

We have been treated to many very interesting presentations throughout the year. Thank you to all those who help come up with ideas for these entertaining events at our canoe program meetings. And thanks too, to the presenters who take the time to join us for an evening and treat us to wonderful slide shows.

I hope you all have had a wonderful Christmas and I wish you lots of fabulous paddling in 2009.

Happy New Year!

**Canoe Program Meeting
Monday, January 19, 2009**

Paddling the Peace River - David Thompson plus

**More Wilderness Canoe Trip Planning
Doug & Cathy Hull**

Please join us on January 19 and be treated to an interesting slide presentation and talk by David Thompson (no, not the one from the Brigade!) and

hear about his trip down this mighty river many years ago. Although the big dams upstream have brought significant changes to the area, the Peace River still offers wonderful paddling opportunities - did you read the very interesting article in B.C. Magazine's fall issue about a solo kayaker's trip starting at Hudson's Hope?

After Tom's talk, Cathy and Doug will share their trip planning and preparation information with us. Please come with your questions and ideas. Check out the article they have included in this newsletter.

Canoe Program Lending Library

Borrowing on something the kayak program offers, the canoe program has the beginnings of a "library" of books and DVDs available for loan. The DVDs were purchased out of budgeted funds, as well as "River of Life" donated by Helen Currie and Tony Dalmyn has very kindly donated several canoeing-related books. (thank you Helen & Tony.) If you have any books, videos or DVDs that you would like to contribute to the library, they would be most welcome.

How it will work:

To borrow any of these materials please contact me, (Joy Newham) by e-mail or phone (250-385-5876) and I will make them available for pick-up at the club. Materials may be checked out for a 2 week period. Please let me know when you have returned the item(s) to VCKC so I can pick them up quickly. I will monitor how this is working and if necessary will modify the process as needed. Your ideas are welcome.

So far, the following items are available:

DVDs

Classic Solo Canoeing - Becky Mason
Path of the Paddle - Bill Mason
Song of the Paddle - Bill Mason
River of Life (NFB) Voyageur down the Yukon River
The Voyageurs (National Film Board - NFB)

Books

Bark, Skin and Cedar - James Raffan
Bugs, Sweat and Fears - A Beginner's Guide to
Wilderness Canoe Camping
Idleness, Water, and a Canoe - Jamie Benidickson
Path of the Paddle - Bill Mason
Song of the Paddle - Bill Mason

Canoe Trip Report Coles Bay to Deep Cove Nov 30, 2008

We all met at the clubhouse except for Glyn. The planned route was to paddle from Coles Bay to Deep Cove, leaving a car at Patricia Bay for the return. We headed off to Coles Bay to unload and then Andre continued to Patricia bay to drop off his car and return with Glyn.

The paddle was very uneventful. It was like one of those lazy fall days where everything is moving at a very slow pace. There was no rush, only time to enjoy the day and relax with every paddle stroke. The temperature was warm with no wind whatsoever; the water was dead calm with a heavy fog lingering all day.

On the water, it was like a whole new world, shrouded in silence. The only sounds were from the paddles entering the water and loons echoing somewhere in the fog and mist. We stayed within sight of the shoreline due to the heavy fog. It was difficult to see more than a few meters beyond. This made it an eerie paddle as the water seemed to disappear as if you could paddle off its edge.

Entering each bay the water would change from crystal clear, to a murky texture with floaties and a foul smell, a reminder of the once polluted waters in Portage Inlet. This was probably due the lack of moving water that day, but also pointed out the need for sewage hook ups (treatment) for all of Saanich Inlet.

Entering Patricia Bay in the fog, we came upon what seemed like an unknown island but it turned out to be the breakwater for the docks at Ocean Science. We continued towards the docks not knowing if it was a restricted area or not. Once we were past Ocean Science we stopped for lunch. After a short break we continued north and came across a family of otters playing close to shore. Further north near Coal Pt., Ken and I both ran aground in a shallow area and had to back paddle to get around.

Coming into Deep Cove, I did not realize the size of the Deep Cove Marina. It was unusual to see two large yachts moored along the docks. We continued around the bay until we saw the Old Deep Cove Chalet. No one seemed to know what the name of the current restaurant is so we all just referred to it as the Deep Cove Chalet. We decided that on another sunny day we should come back and stop in for lunch.

It was about 2:30 pm by now and we decided it was time to head back before it got dark. An hour and fifteen minutes later we were back into Pat Bay. In the fog we could hear but not see the planes taking off from Ocean Science. Andre drove the drivers back to Cole Bay to retrieve their cars while the others brought the canoes up to the road. The timing was perfect as it started to

get dark soon after.

The total trip lasted approximately five hours and we covered 9 to 10 nautical miles.

Thanks to those who took part, Andre, Odette, Joy, Glyn, Ken, Bruce, Susan and Bon.

Submitted by Bon Lee

Dragon-Boating in Cambodia

Recently, Linda and I were in SE Asia and had occasion to stay in a hotel in Phnom Penh, the capital of Cambodia. The in-house magazine had a front-page picture of what looked like a dragon-boat: many paddlers, two abreast, paddling a long boat. There was no dragonhead or drummer in the bow but otherwise it looked familiar. The article inside the magazine mentioned that boat racing was very popular in Cambodia which is a very poor country just recovering from decades of war and disruption. At the time of slack water on the Tonle Sap river (see below), races are held that are watched by up to 2 million people - this from a population of 13 million. The races are very competitive and after the nationals, there are local races as the boats go back to their local communities. There is no mention of these races being dragon-boat races but the boats look very similar and, while Indian influences are stronger, there are many remnants of contact with the Chinese, so it is likely that the origins are the same.

The Tonle Sap is a large lake in south west Cambodia. It runs from Siem Reap (Angkor Wat) down towards Phnom Penh and supports a very rich fishing and agriculture industry. The river leading from the lake empties into the Mekong River, which separates Laos from Cambodia and then cuts through Vietnam to the sea. The unusual aspect of the Tonle Sap river is that at different times of the year it runs in different directions. When the Mekong is in flood - roughly May to November - it carries huge amounts of silt down to the sea. As the silt is deposited in the delta area, it backs up the waters of the river. The land being very flat, this in turn forces water up the river into the Tonle Sap lake. The area of the lake triples during this time which explains why almost all houses you see in Cambodia anywhere near the lake are built on stilts. The time of the boat races coincides with the times when the flow of the river is about to change direction.

We were also in Saigon/Ho Chi Minh City in Vietnam but did not see any dragon-boats there although it is a more Chinese influenced society than Cambodia. Coracles on the ocean, yes, but no dragon boats on the rivers.

Alan Thomson

SAFETY BOAT REQUIRED!!

27th YEAR VCKC PADDLE FOR THE KIDS

This Special Voyageur Canoe Event is VCKC's big fundraiser on behalf of the Lions Society of B.C. The event raises money to assist in the funding of programs for Kids with Disabilities. Its special focus is to support Easter Seals Camp Shawnigan where the children can safely experience the fun of camping and watersports. In the last 26 years, the membership of VCKC have raised over \$200,000 which has contributed hugely to our clubs very high standing in the community.

This year's paddle to Port Angeles and back was suppose to take place on Saturday, March 28 (weather permitting) but the Navy who have provided an escort boat for the last 26 years have indicated that they are unable to participate as they have operational requirements this year. The Victoria Marine and Rescue Society are still willing to support us with an 18 person Zodiac for crew changes.

I've done some research on an alternate escort boats (Whale Watching Company's and Ogden Point Diving Center Boat) with no success. If anyone knows of any ideas or leads to an escort boat please get in touch with me.

Don Munroe voyageurguy@shaw.ca or 250-385-2268



Photo: Don Munroe

VCKC Clubhouse Sign

When the VCKC Clubhouse was repainted recently, the sign hanging over the front porch was taken down, cleaned up and re-varnished.

The sign was made many years ago by Kurt Frost, a past Club member whose initials can be seen on the sign, bottom right. It is a single piece of cedar with the raised shape of a canoe in the centre and the wording incised above and below.

Alan Thompson

Friday, December 5

(The headlines the Times-Colonist didn't print)

"Government Agencies Grind to a Halt"

"Social Safety Net in Tatters"

"Commerce Slows"

"Retirees Go Missing"

Okay. So a dozen river paddlers taking a "mental health day" from their usual pursuits doesn't constitute a complete collapse. But for the twelve who took part there were certainly some mental health benefits.

The section to be paddled was determined by elimination: early dusk discouraged the Nanaimo; low water ruled out the Chemainus and the Koksilah; and Marie Canyon was a bit more than some were ready for. So Stoltz Pool to Vimy (on the Cowichan) was the choice and provided a fun and friendly volume of 50 cms for the five tandems and two solos.

Eagles by the dozen and gulls by the hundreds stood watch from treetop and gravel bar as we made our way downriver. The forecasted rain held off and the occasional sun through holes in the clouds took much of the chill out of the air.

Early on, Arthur Swarbrick and the author selected opposite sides of a stout upstream-jutting log resulting in a brief pin. Downstream leans and weight shifting averted catastrophe and freed the craft with only minor scars. Unfortunately the vigorous downstream leans soon led to downstream swimming but swift action by the rest of the group soon re-united paddlers, paddles and canoe.

This was our farewell paddle with long-time Lake Cowichan resident Andy Denholm who will be moving to take on a new career in Alberta. We wish him well.

Once again another sensational day on the river. And for the lucky dozen, substantially improved "mental health".

submitted by Tom Staebell

(Editor's Note: The following Friday another group of paddlers got together with Tom on the Cowichan. It was quite a different experience.)

Wind and big snowflakes in our faces impaired visibility and even gloved hands were very cold so no playing and very conservative paddling by all. Ken G. paddled with Arthur in his Presage, Jean and I in my Canyon (which is becoming a favorite of all who paddle it!). Dwight and Vanessa were in their Explorer.

I spent what seemed like most of the shuttle from the take out at Skutz pushing Dwight's Jetta up the snow covered gravel road back to the highway. Luckily Highway 18 was almost clear and not a trace of snow on the Malahat. All were home safe and early.

Tom Staebell



Photos: Dwight & Vanessa Milford

More photos of this intrepid group [here](#).

Trip Planning

Something to Do on a Rainy Night

We like multi-day canoe trips in off-the-beaten-track locations. Tripping has been our occupation since we retired from work six years ago. "Where do you get your ideas for canoe trips?" is a question we are often asked. Here are some of our information sources.

VCKC: Canoe Program meetings and flatwater day trips provide opportunities to talk to other paddlers about their trips, past and planned. Example: A presentation on the Green River and Lake Powell led us to Utah, a paradise for outdoor enthusiasts. We went for the paddling, returned for the hiking, and more paddling is on our wish-list.

The Public Library: We subscribe to Kanawa, but we rely on the public library for Canoe and Kayak, Sea Kayaker, Outside, and other magazines related to boating and travel. Books, too. Keeping up with the literature is easy. On rainy days we skim the magazine racks for topics that spark our interest and we monitor the library's New Arrivals - Non-Fiction (<http://spider.gvpl.ca/newadds/>) for books on paddling and adventure travel.

Web sites: Canoe Camping - USA (<http://www.canoe-camping.org/>) and Canadian Canoe Routes (<http://www.myccr.com/index.php>) are two web sites that we have found particularly useful. The number of web sites can be overwhelming so we organize our bookmarks by route or geography, e.g., Rideau Waterway, Alaska.

"I think I can." Some trips are not documented or promoted as canoe routes, but they can still be canoed. Example: The Lower Colorado River. Two short sections are popular day-trips but we thought

we could do the entire River from Hoover Dam to Yuma, and we did. Multiple jurisdictions and a few dams to portage but it was an enjoyable, not-commonly-done trip.

"No, you can't." "You can't do that trip in a canoe," said a kayaking friend. He was talking about the Trent-Severn Waterway and we took up the challenge. There were house boats to dodge and some tense moments on nasty Lake Simcoe but our canoe performed well, even passing the powerboats at certain points. You can read about our trip in Kanawa, Spring 2007, pp. 25-29.

In the neighborhood: Going somewhere? We always look for canoe routes that are en route to or near our destination. Example: We had an extra week between our Okefenokee Swamp and Florida Everglades paddling trips. By consulting Florida's Designated Paddling Trails, (<http://www.dep.state.fl.us/gwt/guide/paddle.htm>), we discovered that Saint Mary's River was in the neighborhood. Similarly, Wabakimi was an add-on trip. We discovered it on a map when planning how to get home from Thunder Bay following the David Thompson Brigade. Even if you haven't brought your boat with you, you can always rent one.

Gadget potential: Doug likes to choose trips based on their potential for acquiring new gadgets. Example: Right now he would like to buy a VHF radio, a new U.S. topo map for his GPS and maybe an electronic blue chart. What trip would justify those purchases? The Mississippi River. It's on our possibilities list.

An idea is a starting point but it doesn't guarantee a do-able, safe, enjoyable trip. What are the next steps in trip planning? Stay tuned.

Doug and Cathy Hull



Photo: Doug & Cathy Hull

Trips - Kayaking

There are no kayak trips planned for January 2009 as Marianne and Dorothea are taking a break. Please email Marianne at mariannejwest@gmail.com or Dorothea at polkadottie44@shaw.ca if you have suggestions for February paddles.

Paddle Guidelines: *Club paddles allow new members to meet other members; to paddle in a safe environment and to introduce new members to Victoria area paddling locations. They are tailored to beginner paddlers although experienced paddlers are welcome to attend. The pace is set by those at the back of the "pack". All those who plan to attend need to wear immersion gear (i.e. drysuit or wetsuit OR insulating clothing such as fleece). ALSO remember to bring a change of clothes in a drybag. If you are unsure about the suitability of your equipment or clothing, please contact the trip leader for advice prior to the paddle date. It is also expected that you will bring adequate food and water for the duration of the trip.*

Courses and Workshops

Paddle Canada Flatwater Course

(Introduction to Kayaking)

Dates: Jan 10+11 / Feb 21+22

Location + Time: Crystal Pool - Sat 4:00 pm to 6:00 pm. VCKC Clubhouse + Gorge - Sun 9:30 am to 4:00 pm.

Cost: \$45

For information on Paddle Canada course content, please go to Paddle Canada's website and review the [Sea Kayak Program overview](#).

Wet Exit + Assisted Rescues Workshop

Date: Saturday, January 31, 2009

Location + Time: Crystal Pool - 7:00 pm to 9:00 pm

Cost: \$20

This workshop covers just those skills you must have to participate on beginner club paddles.

Bracing + Edging Workshop

Date: Saturday, January 31, 2009

Location + Time: Crystal Pool - 7:00 pm to 9:00 pm

Cost: \$25

Work on bracing strokes that will help to keep you

balanced and upright in your kayak as well as edging your boat to make turning easy!

Rolling Workshop 1 (Intro to Rolling)

Date: Saturday, January 31, 2009

Location + Time: Crystal Pool - 6:30 pm to 8:00 pm

Cost: \$40

Rolling Workshop 2 (Improving your Roll)

Date: Saturday, January 31, 2009

Location: Crystal Pool - 8:00 pm to 9:30 pm

Cost: \$40

VCKC has a few kayaks that are available for members on these club courses and workshops. When you register for a course, please indicate if you would like to book a club kayak. When you use a club kayak, all the safety equipment is provided. However, it is your responsibility to transport the kayak to and from Crystal Pool. Therefore, if you register for any of the above sessions at Crystal Pool, you will have to arrange your own transportation including roof racks and tie downs.

If there is a workshop that you would like to see happen, get a group of four to six members together and contact Patti at the above email address.

Crystal Pool Practice Sessions

If you would like to practice your skills during the winter, you can play at Crystal Pool on most weekends. Pre-registration and payment is required by Friday morning to either Ocean River or Pacifica Paddle Sports.

Saturdays from 6:30 - 9:30

with Ocean River: 250-381-4233

Cost: \$12.50 pool only, \$32.50 pool + kayak

Sundays from 6:00 - 8:00

with Pacifica Paddle Sports: 250-361-9365

Cost: \$16.00 pool only, \$33.60 pool + kayak



Canoeing Flatwater Trips

January 1, 2009 - Join the Club New Year's Day paddle. Meet at the Club house at 10:30 am and we'll paddle up the Gorge in whatever craft we need - tandems, club canoe, voyageurs. Bring food for the potluck lunch that follows. Alan will have mulled wine to heat us up if it is cold or wet. After lunch, we take down the Christmas decorations in the Clubhouse, leaving it set up for the AGM that will happen on January 6, 2009. Any questions, call Don Munroe 250-385-2268.

The program of Flatwater trips in 2009 will start up **Saturday, January 10** with the next one being on **Sunday, January 25**. E-mail notices will be sent out beforehand.

Please notify the trip leader by the Thursday evening before the weekend if you plan to take part. Participants should have taken and passed the [RCABC Lakewater Level I tandem course](#). Exceptions may be made at the discretion of the trip leader but will depend on the strength of the group and on the location of the planned trip.

Unless otherwise specified, all trips start by meeting at the Clubhouse parking lot at 9 am. The aim is always to have all participants back at the parking lot by 5 pm at the latest. At this time of year, return time is likely to be earlier.

Participants should be dressed appropriately for the forecast weather (call 250-363-6717 or look up the [Environment Canada forecast](#) on the web) and, if the trip is to be on the ocean, check the time of the tides and currents. It is helpful to bring your own charts or maps so that you can be self-sufficient if necessary.

Moving Water Trips

General

VCKC river trips are open to current members or invited guests (waiver required) who have received RCABC or equivalent instruction and who agree to abide by VCKC safety rules as outlined in the member guide.

Unless otherwise announced, we meet at 8:30 am at the Millstream Park'n'Ride (exit 14/Sooke off the Island Highway) and carpool to the appropriate river section. Please contribute to driver's fuel and vehicle expense. (\$10 is appropriate these days.) Trips are subject to last minute cancellation due to water level or road closures so please advise by Thursday evening if you plan to attend and phone my cell (after 6:30 a.m., please) if your plans change. The three club river boats are available for a modest fee on a "first call" basis.

Friday, January 2
Saturday, January 17
Sunday, January 25
Saturday, February 14
Friday, February 27
Saturday, March 14
Sunday, March 22
Saturday, April 11
Friday, April 24

May 2 & 3 Lake to Bay VIII (Our annual Cowichan River run with Friday and Saturday evening camping at the Stoltz group site.)

Tom Staebell
res 655-7113 after 5:00 pm
cell 588-2207 after 6:30 am
thestaebellfamily@shaw.ca

You Might Be A Paddler if ...

- you can't drive over a bridge without looking for water under it;
- your friends or relatives are shocked when you answer the phone at home on a weekend;
 - you leave your glasses strap on at night;
 - you love it when it rains during the week ;
- when your non-boating friends visit your home or your car they ask "Do you have dogs?":

From a paddling club [website](#) on the other side of the Atlantic.

VCKC Executive

President		Voyageur Program	
Linda Thomson	592-4170	Don Munroe.....	385-2268
Vice President		Marathon Canoe Program	
Marie-Eve Tessier	386-5652	Ron Williams	380-7496
Treasurer		Education, Safety & Standards	
Sharron Larusson	478-2981	Doug Linton	727-0216
Secretary		Membership	
Tony Dalmyn	483-5224	Muriel Johnson	391-0560
Past President		Clubhouse & Grounds	
Mile Petrovic	250-733-2013	Lawrence Irvine	920-3622
Program Directors		Directors-at-Large	
Canoe Program		Diane Nishimura	383-3080
Joy Newham	385-5876	Maris Ratel	592-7082
Sea Kayak Program		Executive Volunteer Positions	
Vacant		Ray Patts (Soc.Coord.)	294-4445
Dragon Boat Program		Harold Gillis (Newsletter)	598-9488
Mike Fox	391-0160	Maris Ratel (Boat & Locker Storage) ..	592-7082
Outrigger Program			
Keith Larusson	478-2981		

January 2009

Calendar

[Click Here](#)

